

Friday Message

Dr. Kevin Hunger

Beth Israel Messianic

Synagogue

Understanding the Soul

May 23, 2008

Leviticus 26

- **“I will make my dwelling among you, and My Soul shall not abhor you.”**

Soul Goal

- What is the Soul?
- How do I distinguish it from the spirit of person?
- How do I recognize the state of my soul?
- How can I heal and change my Soul?

Modern Takes on the Soul

- Science proves and then disproves.

*Duncan Macdougall, 1901

- Freud: Although an atheist, used soul to refer to our innermost being

- Naturalism: everything that we see can be explained by scientific laws

*I.E. There is nothing supernatural. It is all testable and verifiable. If it isn't, it does not exist.

Science and the Soul

- **Science today: Many in the fields of quantum physics and biology, like Einstein, Stephen Hawking, Neils Bohr and Erwin Schrodinger recognize that certain human capabilities and characteristics can only be explained by the existence of a supernatural phenomenon, namely a soul.**

Soul Quote

■ Albert Einstein

**“True religion is real living;
living with all one's soul, with
all one's goodness and
righteousness”**

Towards a Definition

- Hebrew = *Nephesh* = "throat or life"
 - * 754 times in the Tenach
 - * 45 different English words used to represent it!
 - * Some translations simply translate it into a pronoun.
 - * NKJ 343 times
 - * * Spirit = Ruach = Wind or Breath

Towards a Definition

- Greek for soul= Psuche (psyche)

- * Mind, thoughts, emotions, seat of personality, constant will, that which is uniquely you.

- Greek for spirit= Pneuma
(pneumatic= Air, breath, breeze)

- * The part of us which God made to receive and perceive the Holy Spirit

- * Located in the heart, containing will

- * Should be the rudder for our souls

Towards a Definition

Jeremiah 6:8

- NKJ “ Be instructed, O Jerusalem, Lest My soul depart from you;”
- NAS “Be warned, O Jerusalem, or I shall be alienated from you;”
- Message “You’re in deep trouble, Jerusalem, you’ve pushed me to the limit”

Soul Characteristics

■ The Soul's Emotions are DEEP

- * Be Downcast

- * May Yearn

- * Be Anguished

- * May be tested

- * May Languish

- * May delight in the Lord

- * May take refuge in the Lord

- * It SEEKS MEANING IN LIFE

Soul vs. Spirit

- The Soul is not the Same as the Spirit
- Hebrews 4:12 "For the Word of God is living and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart."

Soul vs. Spirit

- **1 Thessalonians 5:23** *"And the very God of peace sanctify you wholly; and I pray your whole spirit and soul and body be preserved blameless until the coming of our Lord Messiah Yeshua."*

The Soul is different from the Spirit

- Both are spiritual as opposed to the body which is physical
- The Soul of a person **CONTAINS** their Spirit.
- What is running your life most of the time is Your soul and we are unaware
- Our Spirit is that part of us which communicates with God's Holy Spirit
- Our Spirit is in our heart and contains our will.

Soul vs. Spirit

- When Adam and Eve sinned they died a spiritual death.
- Their Spirits were dead but their Souls were intact.
- When we receive Messiah, our Spirits are reborn but our Souls still need redeeming.
- Our Souls are redeemed by the renewing of our minds.

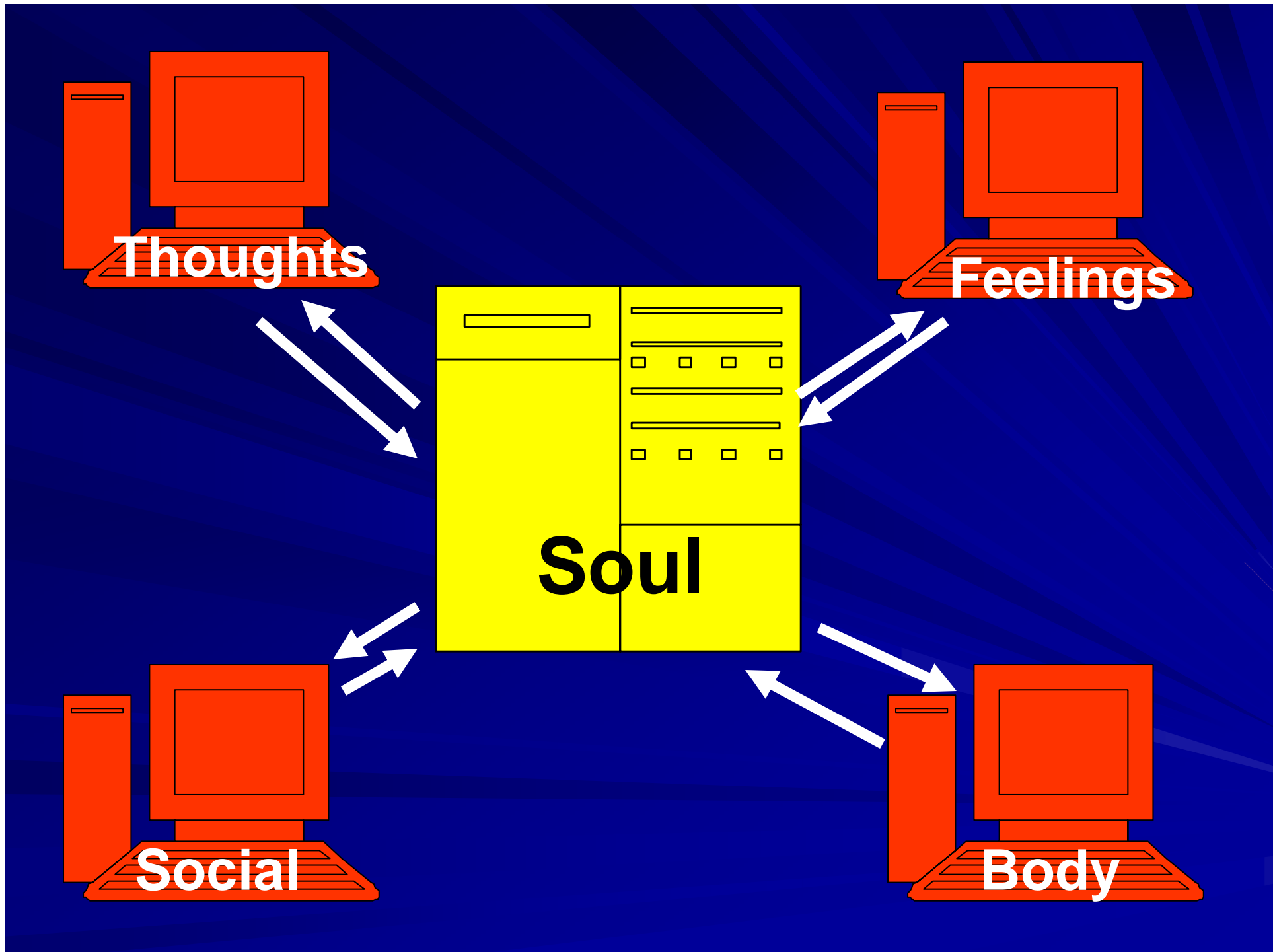
Romans 12:2

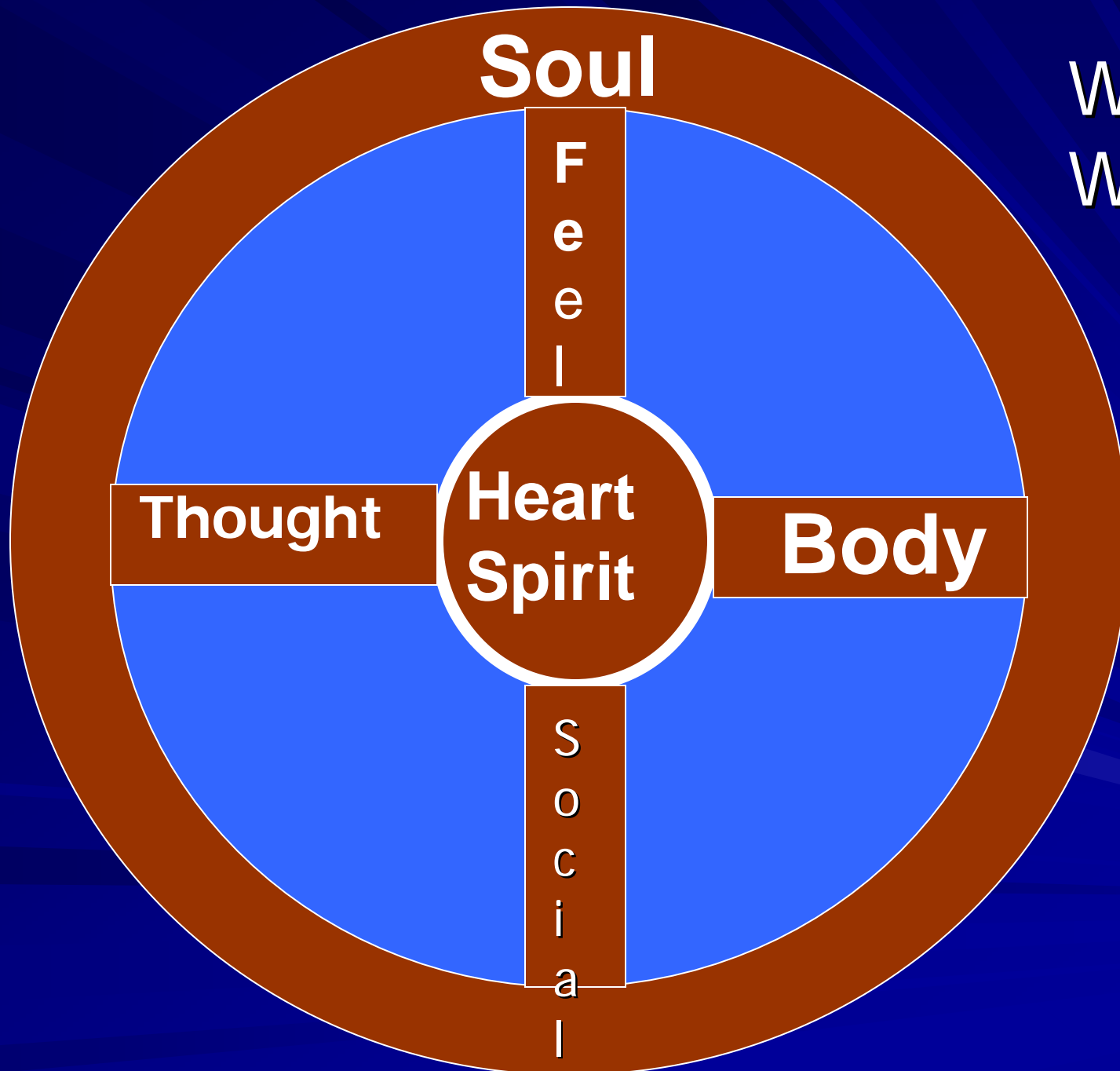
- *“And do not be conformed to this world, but be transformed by the renewing of your mind, so that you may prove what the will of God is, that which is good and acceptable and perfect.”*

1 Peter 1:22-23

- *"Since you have purified your souls in obeying the truth through the Spirit in sincere love of the brethren, love one another fervently with a pure heart, having been born again, not of corruptible seed but incorruptible, through the word of God which lives and abides forever,"*

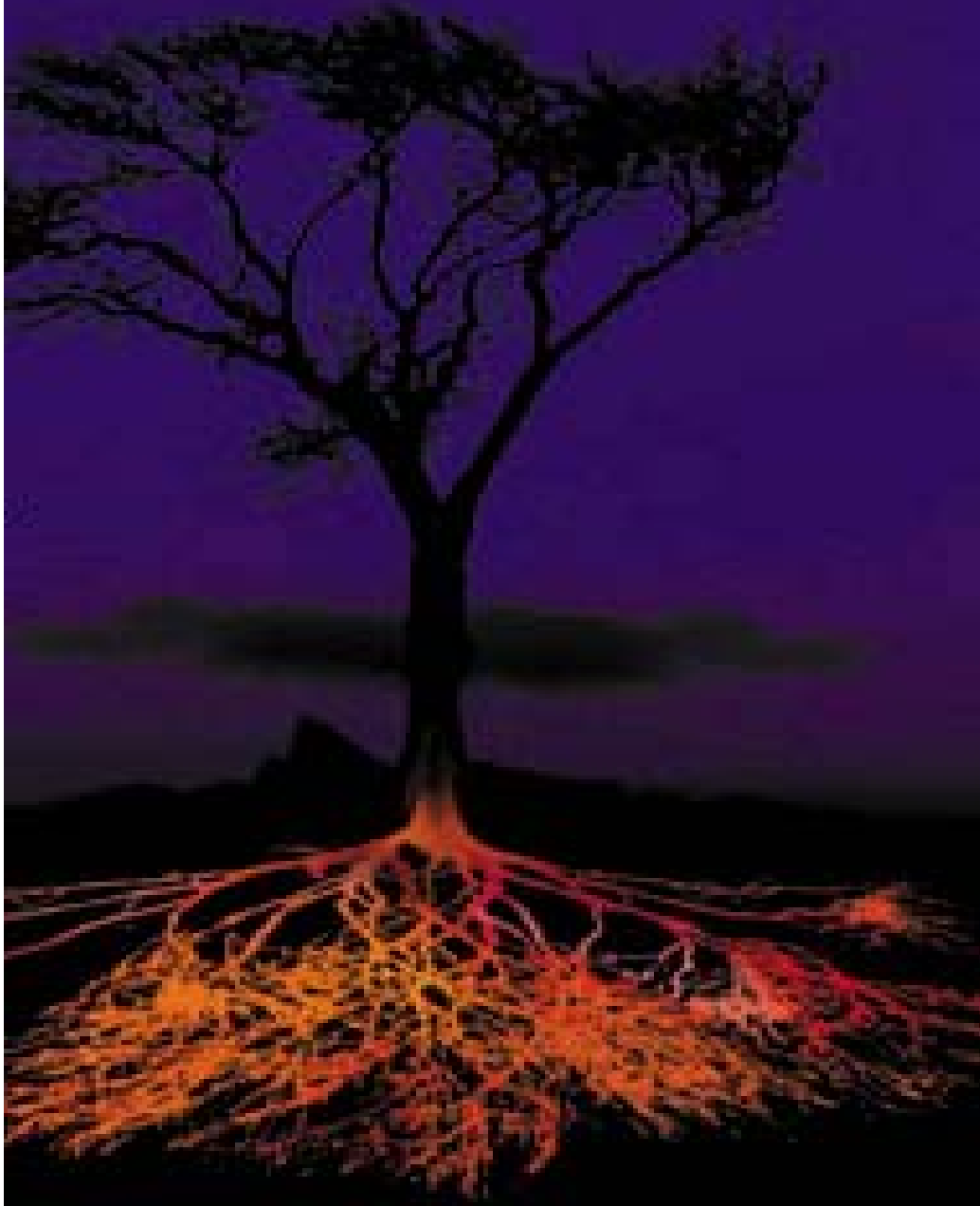
■ Note to the reader. In this place is the slide based on Dallas Willard's book "Renovation of the Heart" showing the Soul, Heart, Body, Mind, Feelings, and Social context. I have not received permission to use the slide here as yet so it is omitted for now until I get permission to pass along the concepts in this form.
Blessings, Kevin Hunger





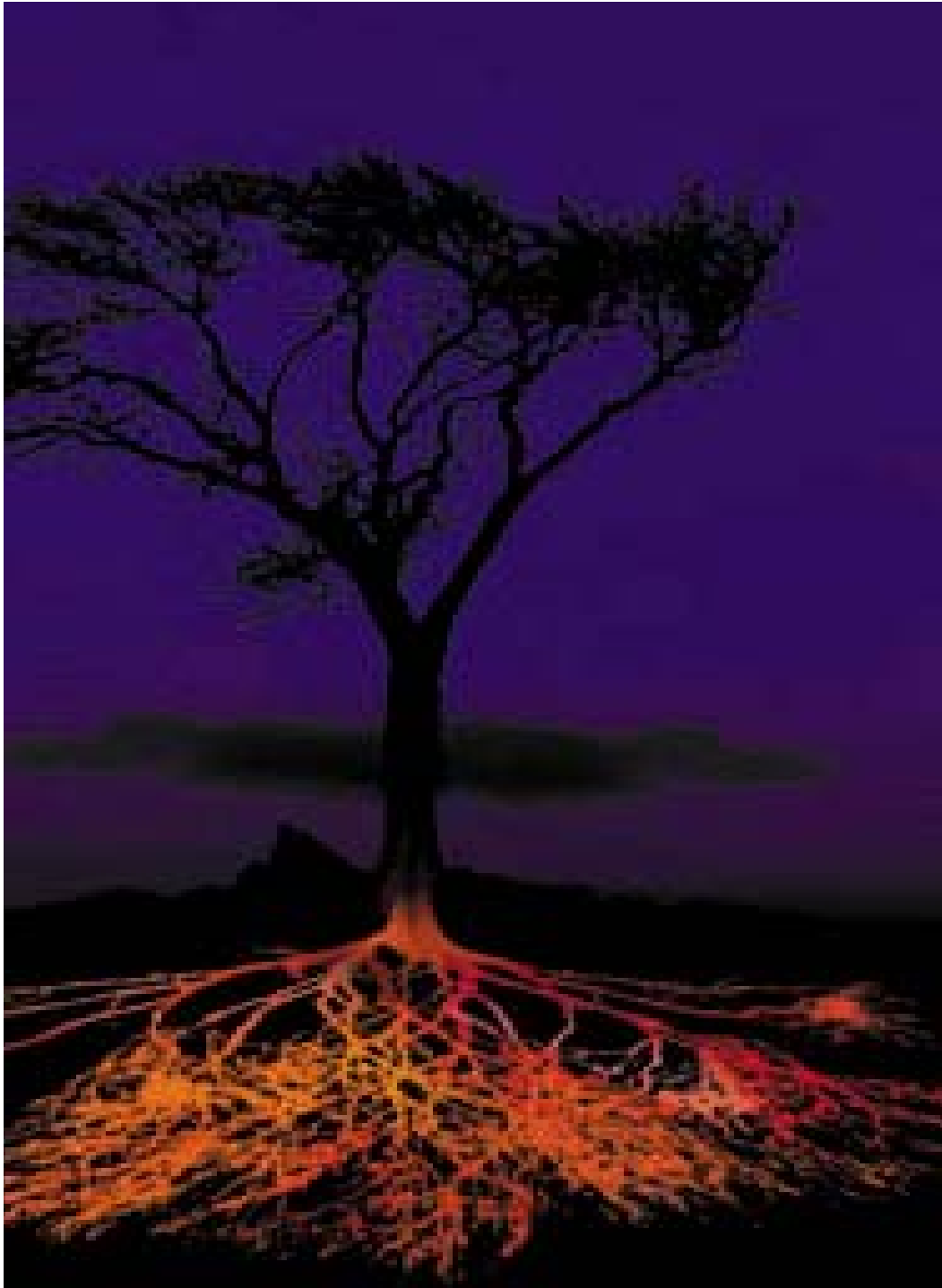
Wagon
Wheel

Roots



Roots are

- 1) Unseen
- 2) Vital
- 3) Gather Nutrients
- 4) Determine Fruit Health
- 5) Fed by Streams of Water



Psalm One....

*” He shall be
like a tree
firmly
planted by
the streams
of water,
ready to
bring forth
its fruit in
season....”*

Beware Religious Spirits

■ **As we delight in the Law...**

***Be Torah Absorbent**

***Yeshua said “I am the Way the Truth and the Life**

***Take Him into your soul...why?**

***”Because He is the exact image of the invisible God”**

The "Dead" Soul

■ What does it look like?

- * First: Not truly dead.
- * Souls will be fed by something.
- * If not streams of living water, they will look for a purpose or a cause to protest as it searches for meaning.
- * When human souls sense life is meaningless, then performance becomes

Soul Search

The Soul apart from God becomes performance oriented. It seeks

- 1) Experiences
- 2) Entertainment
- 3) Proof of Performance in Sports, etc
- 4) Success
- 5) a Group to belong to
- 6) Some Thing to be a part of
- 7) In this state it is prone to
FANATICISM

The Well Ordered Soul

■ What does it look like?

- * It is not perpetually weary

- * Abandons Outcomes

- * Does not self-promote, not puffed up

■ How is it fed?

■ How can we change it?

■ Psalms 56:8-11

**You know how troubled I am;
you have kept a record of my tears.**

Aren't they listed in your book?

The day I call to you,

my enemies will be turned back.

I know this: God is on my side —

the Lord, whose promises I praise.

**In him I trust, and I will not be
afraid.**

**What can a mere human being do to
me?**

God's Soul

- What this means to us is that God has personality
- He has a full range of deep emotions like anger and love, compassion, pity,
- He made us in some ways like him

The Well Ordered Soul

- How is it fed?
- How can we change it?

We will leave these for tomorrow.

Shalom! 😊

Saturday Message

Dr. Kevin Hunger
Beth Israel Messianic
Synagogue
Feeding the Soul
May 24, 2008

Leviticus 26

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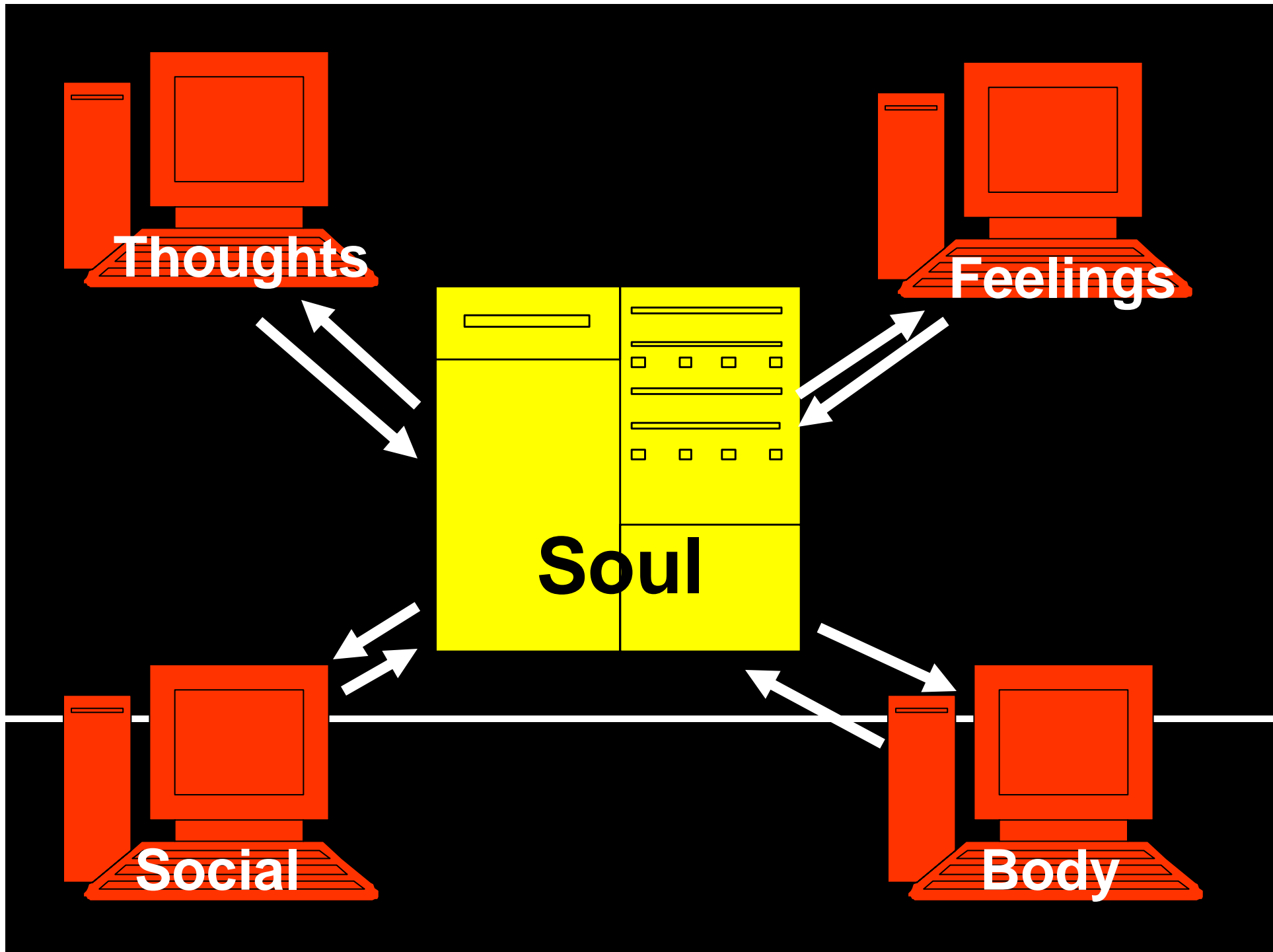
- Note to reader. Here would be a slide based on but not identical to the picture of the soul found in Dallas Willard's book, but I have not received permission to place it here as yet. It describes the relationship between the soul and the other parts of our person; heart, spirit, mind, feelings, social context and body.
Blessings, Kevin Hunger

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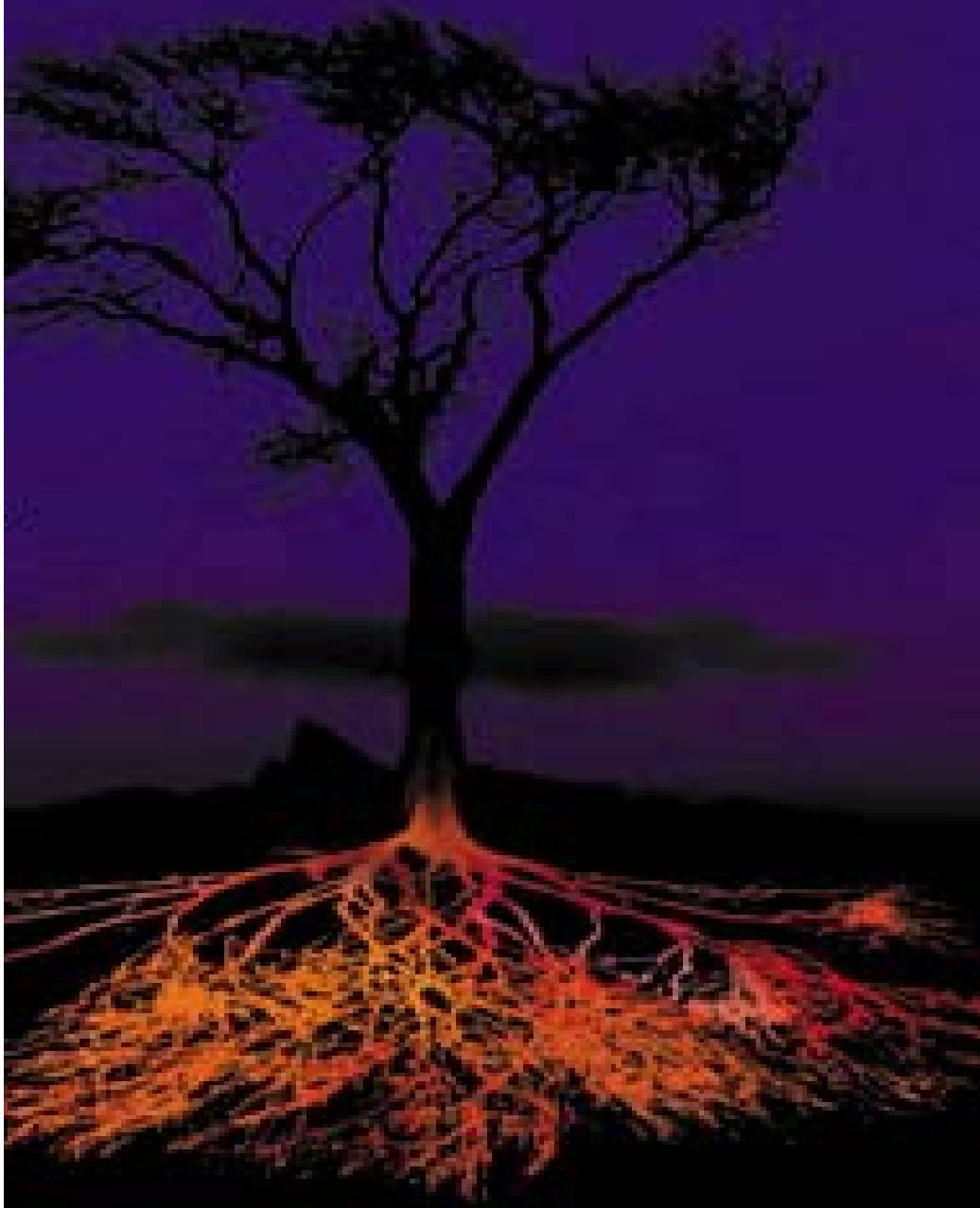
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FANATICISM

The Well Ordered Soul

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Soul Food

- Ignore Soul Development at your peril...
 - We change the soul by first recognizing that it exists and is running in the back round of our lives.
 - The soul will feed on SOMETHING, give it proper food.
 - Don't Muscle it to try to change it. We need to submit to God believing He can do it

Feeding the Soul

- We need to be spirit led to keep the Soul fed
Num 14:24
- *But My servant Caleb, because he has a different spirit in him and has followed Me fully, I will bring into the land where he went, and his descendants shall inherit it.*
- NKJV

Trust Your Soul to the Lord

*Trust in the Lord with all your heart
and lean not on your own understanding;
in all your ways acknowledge him,
and he will make your paths straight. ^a*

*Do not be wise in your own eyes;
fear the Lord and shun evil.*

*This will bring health to your body
and nourishment to your bones. (Pro 3:6)*

How can we be led by the Spirit?

- To change the soul, we must change our thinking and participate in the soul surgery
- To change our way of thinking, we must look at our hearts and determine if there are things their obstructing the Holy Spirit from leading us.
- Then we ask the Spirit of God to come in after cleansing us to fill us.
- Periodically ask: Am I living from my soul or am I Spirit led ?

Natural or Soulish Man

Now the natural man does not receive the things from the Spirit of God — to him they are nonsense! Moreover, he is unable to grasp them, because they are evaluated through the Spirit.¹

- I Corinthians 2: 14

God's is Pinging you all the time

- *Yet to us God has unveiled and revealed them by and through His Spirit, for the [Holy] Spirit searches diligently, exploring and examining everything, even sounding the profound and bottomless things of God .*

- 1 Cor 2:10

Importance of Obeying God

You were cleansed from your sins when you obeyed the truth, so now you must show sincere love to each other as brothers and sisters. * **Love each other deeply with all your heart.***

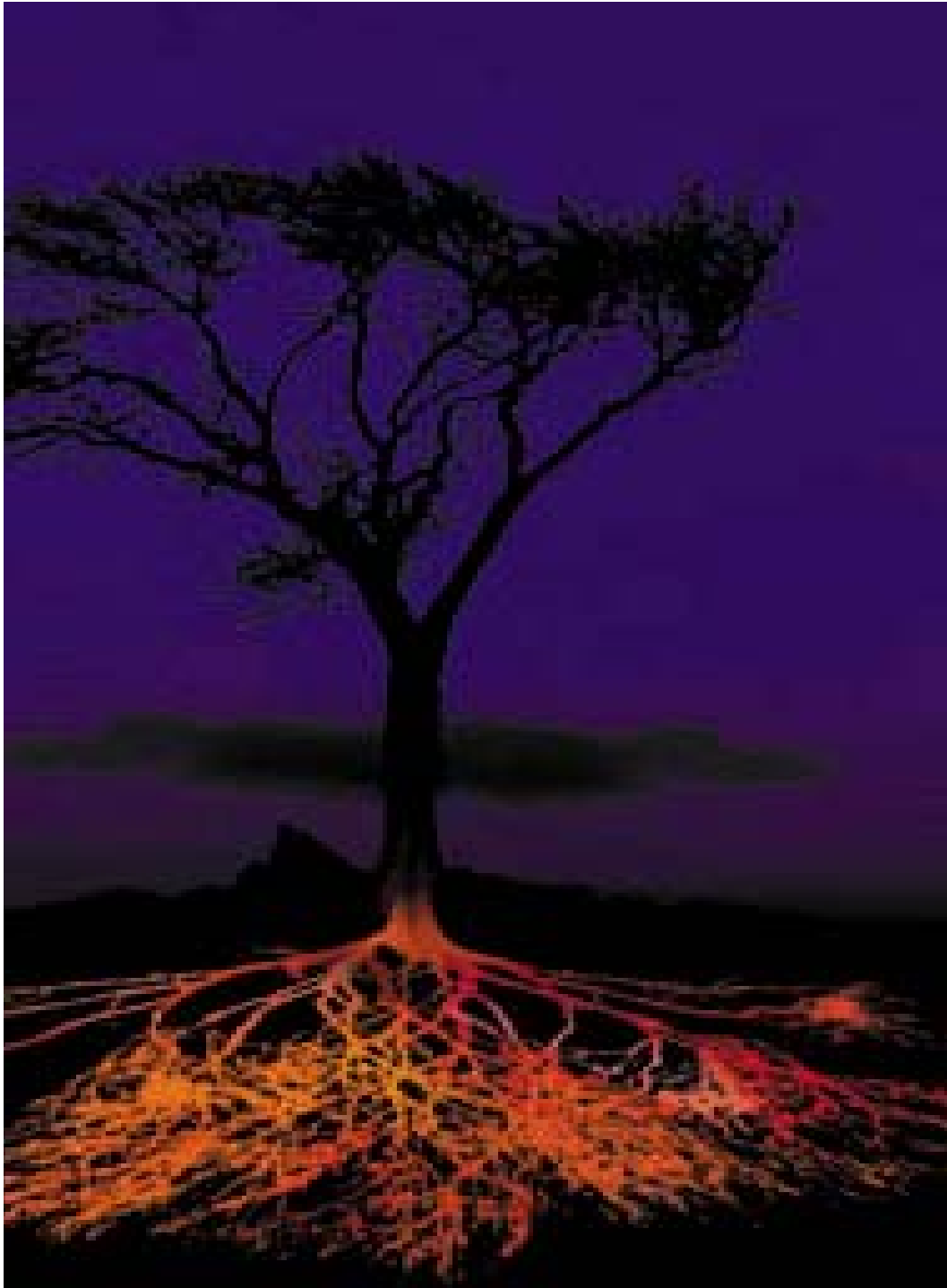
- For you have been born again, but not to a life that will quickly end. Your new life will last forever because it comes from the eternal, living word of God. (1 Peter 1:22-23)

Walking in the Grace of God

- *Therefore humble yourselves under the mighty hand of God, that in due time He may exalt you,*
- *Casting the whole of your care [all your anxieties, all your worries] on Him, for He cares for you affectionately and cares about you watchfully.*

You can trust your Soul to Him

- Cast your burden on the Lord [releasing the weight of it] and He will sustain you; He will never allow the [consistently] righteous to be moved (made to slip, fall, or fail).
- Ps 55:22



Psalm One....
*"He shall be
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firmly
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